

# Ob-Gyn Risk Alliance

Underwritten by  PROASSURANCE.

## RISK MANAGEMENT ACTIVITIES & BENEFITS

### REDUCE RISK & IMPROVE PATIENT SAFETY

Members of the Ob-Gyn Risk Alliance (OBRA) have exclusive access to a variety of ob-gyn-specific educational activities and tools—including online Relias courses provided at no additional cost with unlimited access. Participants can take full advantage of their membership by leveraging these useful resources—earning CME credit and a substantial premium credit by completing selected educational activities.

## RISK MANAGEMENT REQUIREMENTS OF PARTICIPATION

### Annual Baseline Self-Assessment

**All participants are required to complete an Annual Baseline Self-Assessment (ABSA) prior to their next renewal date in addition to the course requirements listed below.**

The assessment must be completed each policy year to qualify for renewal consideration with a 25% premium credit. A ProAssurance Risk Management consultant will send the ABSA to the identified practice contact approximately six months prior to renewal for distribution to all team members.

The ABSA can be completed by all physicians and staff in the practice in a few short minutes. The questions focus on office processes, such as diagnostic test tracking, management of phone calls, informed consent, emergency preparedness, and documentation. The assessment is anonymous and identified only by the role the person plays in the practice.

A report is provided that visually shows your practice's responses and compares them to other practices. The report includes associated risk reduction strategies and, in some instances, links to OBRA/ProAssurance resources such as short videos, seminars, and other sample tools.

### Relias Courses

	7/1/25–6/30/26	7/1/26–6/30/27
<b>Obstetrics Requirements:</b>	<i>Medical Management of Hypertension Disorders of Pregnancy — v2 (PLM)</i> <b>Choice of:</b> <i>Shock State and DIC Management and Treatment or Compassion Fatigue and Burnout</i>	<i>Medical Management of Obstetric and Post Partum Hemorrhage (PLM)</i> <i>Maternal Mental Health Addressing Perinatal Depression</i>
<b>Gynecology Requirements:</b>	<i>Evidence-Based Approaches to Pain Control</i> <b>Choice of:</b> <i>Shock State and DIC Management and Treatment or Compassion Fatigue and Burnout</i>	<i>Maternal Mental Health Addressing Perinatal Depression</i> <i>Controlled Substances Prescribing Practices</i>

PLM stands for Personalized Learning Module

### Fertility and Gynecology-Only Physicians

Physicians specializing in fertility or gynecology (no obstetrics) within a practice that does obstetrics may complete the Relias requirements above or choose to complete two of the courses listed below in lieu of the course requirements.

If the physician has completed all of the following online courses, they can provide certificates of completion totaling six CME hours of coursework in their specialty (completed within the previous 24 months and not used for Board maintenance requirements).

### Traditional Online Courses Available to ALL Participants\*

- Review of EMTALA
- Social Media: Legal, Ethical, and Professional Considerations
- HCAHPS: Improving Outcomes with Effective Interpersonal Communication

Program requirements are subject to regulatory approval in various jurisdictions.

\*Successful course completion includes: passing the post-test with a grade of at least 70% AND completing a course evaluation.

## ONLINE RELIAS COURSES

### Relias courses are offered in two formats:

1. Traditional online format
2. Personalized Learning Module (PLM) format

PLMs measure your level of knowledge on a given topic and provide you with a personalized learning path. This approach ensures focus on the information most useful to you rather than areas where you are already proficient. (CME credit will vary based on your personalized learning path.)

### Here's an example of how you benefit from the PLM format:

The "Fetal Assessment and Monitoring" series of courses takes 9.75 hours to complete. It took the physician 1.39 hours to complete a PLM pretest. She then was assigned a customized learning path that eliminated course content for which she already demonstrated proficiency. Her learning path coursework took 2.35 hours to complete. *The physician saved 6.01 hours by choosing the PLM learning option!*

## ONLINE COURSE ACCESS

To access courses, choose "Member Sign In" on any ObGynRiskAlliance.com page. (New users will create an account.) For questions about this process, call **800-282-6242**.

## ADDITIONAL RISK MANAGEMENT RESOURCES

You can access or request complimentary copies of the following risk reduction tools and resources from the secure area of **ObGynRiskAlliance.com**.

### OB-GYN TOOL KIT

#### Forms, Guidelines, Policies, and Procedures

- Diagnostic Test and Referral Tracking Form
- Chaperone Guidelines
- Postnatal Depression Screening Guidelines
- Edinburgh Postnatal Depression Scale
- Withdrawal from Care or Terminating the Ob Physician-Patient Relationship Guide and Letter

### Skills Checklists

- Ob-Gyn Licensed Employee Skills Checklist
- Ob-Gyn Unlicensed Employee Skills Checklist

### Ob-Gyn BRCA1 and BRCA2 Genetic Testing

- BRCA Genetic Screening Criteria
- BRCA Genetic Testing Checklist
- Laboratory Quality Checklist for BRCA Genetic Testing
- Direct-to-Consumer BRCA1 and BRCA2 Testing

## CONTACT US

It's easy for you to access information about your Ob-Gyn Risk Alliance program.

For information regarding your policy, underwriting, or claims, call **800-282-6242**.

For risk management, call **844-223-9648** (toll free) or email [RiskAdvisor@ProAssurance.com](mailto:RiskAdvisor@ProAssurance.com).

**ObGynRiskAlliance.com**

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### RISK MANAGEMENT GUIDELINES

These guidelines help you and your staff reduce liability risk and improve the defensibility of potential claims.

### NEWSLETTER

You receive communications to help keep you abreast of the latest information and risk trends affecting your specialty.

- *Malpractice Case Studies*—this emailed newsletter includes closed-claim reviews and illustrates risk factors that prompt claims.

### PERSONALIZED ASSISTANCE

ProAssurance Risk Management consultants are just a phone call or email away. Please contact us for personalized assistance and answers to your risk questions at **844-223-9648** (toll free) or [RiskAdvisor@ProAssurance.com](mailto:RiskAdvisor@ProAssurance.com).