

IMPACT REPORT

2023-2024

PROASSURANCE



DAVID A. ROGERS, M.D., MHPE

- Professor of Surgery, UAB Medical Education and Pediatrics
- Chief Wellness Officer, UAB Medicine
- W. Stancil Starnes-ProAssurance Endowed Chair for Physician Wellness
- Co-Director, UAB Healthcare Leadership Academy
- Adjunct Professor, UAB Collat School of Business



W. Stancil Starnes–ProAssurance Endowed Chair for Physician Wellness

FINANCIAL DETAILS

- **BOOK VALUE (7/31/24):**
\$1,517,500.00
- **MARKET VALUE (7/31/24):**
\$1,869,204.58
- **PROJECTED SPENDABLE EARNINGS (FY 23/24):**
\$74,826.79

The W. Stancil Starnes-ProAssurance Endowed Chair for Physician Wellness provides dedicated support to sustain a culture of wellness that seeks to mitigate the stress and burnout endemic to a demanding and ever-evolving medical field, whether through designing effective interventions for current doctors or equipping trainees with the sources they need to thrive.

David A. Rogers, M.D., is the inaugural holder of the ProAssurance Endowed Chair for Physician Wellness and chief wellness officer for UAB Medicine. With ProAssurance’s support, Rogers has been able to build a program from the ground up to address health issues that are unique to physicians. For the past six years, UAB Medicine’s Office of Wellness has been committed to research, education, and services that promote the well-being of individuals, teams, and the workplace.

Through their research, Rogers’ team has played a large part in uncovering the distress healthcare professionals at every level face daily. They have brought awareness to the post-traumatic stress of healthcare professionals following the COVID-19 pandemic, as well as highlighted the growing mistreatment of nurses and advanced practice providers by patients.

“This gift has allowed us to help many healthcare workers both at UAB Medicine and beyond. We are excited about exploring programs designed to help those who help so many.”

DR. DAVID A. ROGERS

Rogers himself has written a new book called *Frontline Healthcare Leadership*, co-written by Cullen Clark, Ph.D. The book aims to help healthcare professionals make their working environments the best they can be, both for themselves and for their patients.

FRONTLINE HEALTHCARE LEADERSHIP



DAVID A. ROGERS & CULLEN CLARK

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Rogers asserts that the primary focus of the Office of Wellness is the well-being and support of all who work and train in UAB Medicine. “We would like UAB Medicine to be a place where everyone is engaged in work that is important to them with adequate resources to do the work. Our vision also includes that everyone works in teams marked by mutual support and respect and has a leader who cares about them, supports them, and values them as people. We believe that everyone must participate in order to bring this vision into reality, including senior leaders, frontline leaders, and every person working in the organization.”

Future plans for Rogers and the Office of Wellness include an initiative to develop programming and support specific to the biomedical scientist and physician scientist learner groups with the help of recruit, Laurence Boitet, Ph.D. His team also plans to introduce coaching as a service soon.



Earlier this semester, Dr. Rogers introduced wellness services offered by his team to the new medical student class.

OTHER ACHIEVEMENTS

- Rogers serves on the National Academy of Medicine’s Collaborative on Clinician Well-Being and Resilience to contribute to the national conversation around clinical well-being. He participated on the committee responsible for developing a collection of resources that highlights strategies and tools for healthcare leaders and workers.
- Rogers also serves on UAB’s committee following the adoption of the Okanagan Charter in 2020, making UAB the first in the United States to become an internationally recognized Health Promoting University.
- Together with Director of Wellness and Administration, Amanda Carmichael, M.A., Rogers has developed cohorts of UAB Wellness Champions representing teams, units, or departments to promote wellness resources more effectively. The network of Wellness Champions partner with each other to share best practices and elevate individual initiatives to promote a culture of wellness.

For more information please contact:

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ADVANCEMENT

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